

For more information about

SNAP, Walk More in Four,

and other free resources to help your

students walk and bike safely

to school, visit udot.utah.gov/snap.



SNAPTM
Student Neighborhood
Access Program

WALK MORE IN FOUR 2013

TO HELP STUDENTS START THE YEAR

ON THE RIGHT FOOT BY

WALKING AND BIKING SAFELY TO SCHOOL

FOR THE CHANCE TO WIN PRIZES!

STUDENTS* can win a bike, scooter, helmet or other donated prizes just by walking or biking safely to school.

SCHOOLS with the highest participation percentage will win \$500.

(*) Participation open to Utah K-8 students

PARTICIPATING IN WALK MORE IN FOUR

IS AS EASY AS 1, 2, 3, 4!

- 1 **Register your school now** for the Walk More in Four challenge at udot.utah.gov/WalkMoreInFour.
- 2 (New This Year!) Students can **create a login** for an **online progress chart** at udot.utah.gov/WalkMoreInFour, where they can record and submit their walking progress online. You can also download and distribute a hardcopy version to your students (K-8) by Sept. 3, 2013.
- 3 Students must **submit** their Walk More in Four charts (online or by mail) **by Wednesday, Oct. 2, 2013**.
- 4 **Win Prizes!** The school with the highest participation percentage will win \$500 for their safety committee, and second and third place schools will win \$250 and \$100 respectively. Participating students statewide can win prizes to help them walk and bike safely to school.

HERE ARE THE RULES:

Students walk or bike to school at least three days a week for the four weeks in September, starting Tuesday, Sept. 3, 2013, and ending Thursday, Sept. 26, 2013.

Students unable to walk to school due to distance can still participate by practicing safe habits while walking or biking in their neighborhoods.

Students mark their progress on their online progress chart, or on a downloadable PDF progress chart (both available at udot.utah.gov/WalkMoreInFour) and have their parent/guardian sign it when complete.

Schools must pre-register online at udot.utah.gov/WalkMoreInFour by midnight, **Friday, Sept. 6, 2013**, to be eligible for the cash prize.

Charts must be received by **Wednesday, Oct. 2, 2013**, to be entered in the prize drawing. You can submit student charts via:

- (New This Year!) **Online Submission:**
udot.utah.gov/WalkMoreInFour
- **Pre-paid envelope:** Provided to each school in August
- **Mail:** UDOT SNAP, 375 West 200 South, Suite 275, Salt Lake City, Utah 84101

On Friday, Oct. 4, 2013, UDOT SNAP will draw the winners and award the prizes.